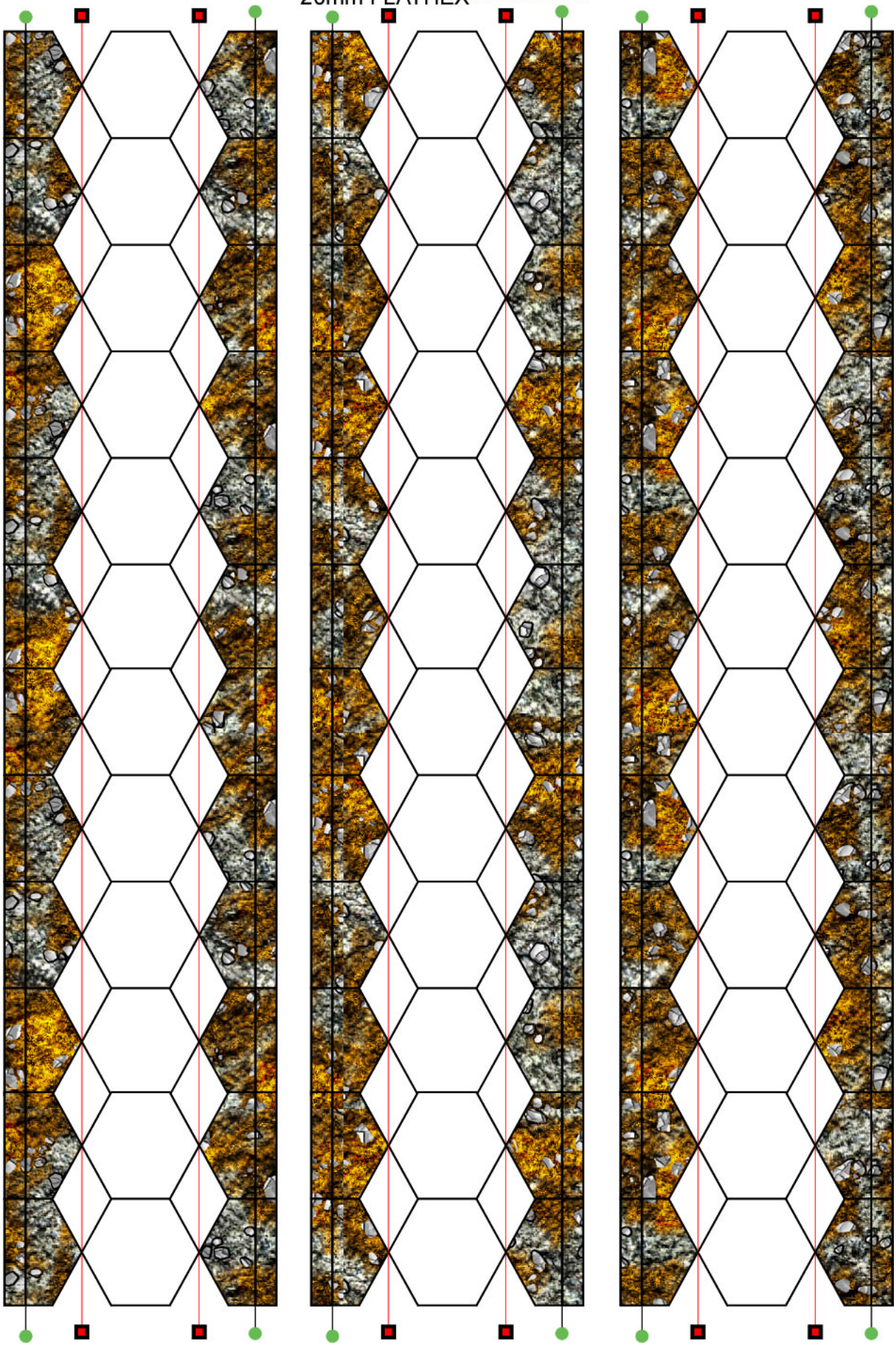20mm FLATHEX onemonk.com